

Southern Cyclists Inc.  
C/O Mike Dunsworth  
913 Pointer Road  
Statesboro, GA 30461



## ABOUT THE JIM KRUSE CENTURY

The Jim Kruse Century is an annual bike ride on the quiet back roads of Statesboro, GA, organized by the Southern Cyclists Club to benefit the Silver Lining Club. The ride was named after Jim Kruse, a founding member of the Southern Cyclists Club, to honor his legacy of inspiring people to be active at any age. Jim began cycling at the age of 76 and used it as a weapon against aging and immobility.

Today, the Southern Cyclists Club, made up of local citizens with common interests of physical fitness, specifically through cycling, organize the ride to benefit the Silver Lining Club, a respite program for those suffering from Alzheimer's Disease and dementia. This organization and program is managed by volunteers.

Come join us and ride for a cause!

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**Ride Planned & Managed by:**  
**The Southern Cyclists**  
[www.southerncyclists.com](http://www.southerncyclists.com)

**The Silver Lining Club**  
P.O. Box 3031  
Statesboro, Ga 30459



# 23rd Annual Jim Kruse Century Bike Ride

*Benefiting the Silver Lining Club*

**April 08, 2017**

**Mill Creek Regional Park**

888 GA Highway 24 E  
Statesboro, Georgia 30458



## DIRECTIONS

Use address on front of brochure for GPS directions.

### I-16 From Macon

- Travel east on I-16. Take the Statesboro/Claxton exit (Exit 116).
- Turn left onto Hwy 301 N. towards Statesboro.
- Travel through 3 traffic lights until the 4th traffic light at the Highway 301 Bypass/ Veterans Memorial Pkwy.
- Turn right onto the bypass (Hwy 301 N.)
- Go through 6 traffic lights and take a right at the 7th light onto Hwy 24 towards Oliver/Newington.
- Mill Creek Park is approximately 1 mile on the right (through 1 traffic light). Enter through the main (second) entrance.

### I-16 From Savannah

- Travel west on I-16. Take the Statesboro exit (Exit 127).
- Turn right onto Hwy 67 N. towards Statesboro.
- After 10 miles, turn right at the traffic light at the Hwy 301 Bypass/ Veterans Memorial Pkwy.
- At the third traffic light, turn right onto Hwy 24 (Oliver/Newington).
- Mill Creek Park is approximately 1 mile on the right (through 1 traffic light). Enter through the main (second) entrance.

### Hwy 25/80 From Augusta/Swainsboro

- Travel east on Hwy 80.
- Upon entering Statesboro, travel to Hwy 80/301 North intersection (Enmark gas station will be on the left). Continue through Hwy 80/301 N. intersection on Hwy 80. Go through 1 traffic light (Advanced Auto Parts will be on the left).
- At the next traffic light (Bright Ideas on left), turn left onto East Main Street (Hwy 24 to Oliver/Newington).
- Travel approximately 3 miles (through 2 traffic lights).
- Mill Creek Park is approximately 1 mile on the right (through 1 traffic light). Enter through the main park (second) entrance.

## ABOUT THE RIDE

Quiet back roads, beautiful rural scenery, and little elevation change make the Jim Kruse Century a fun and family friendly ride.

Saturday's ride offers a 25, 50, 65, and continuous 100 mile option. All routes are mapped, marked, and well-sagged. Coffee and breakfast snacks will be available at the ride start. Saturday's pre-registered riders receive a T-shirt, ride packet, map, emergency vehicle support and post-ride lunch. Sunday's free ride is an informal 45 mile group ride that will have no rest stops.

**Ride Cost:** \$35 each rider

NOTE: There is a \$5 late fee for walk-ups

### Pre-registration

Complete and mail the attached form with a check or go to "23rd Jim Kruse Century" at [www.active.com](http://www.active.com).

### "Day of" Registration

Saturday, 7 to 9 a.m. at Mill Creek Park

### Ride Start Times

Saturday, April 08, 8 a.m.

Sunday, April 09, 9 a.m.

Email questions to [jimkrusecentury@gmail.com](mailto:jimkrusecentury@gmail.com)



## REGISTRATION FORM



Mail To:  
Southern Cyclists Inc.  
C/O Mike Dunsworth  
913 Pointer Road  
Statesboro, GA 30461

(One form per rider for waiver purposes)

### Saturday, I will be riding:

- 25 mile route  
 50 mile route  
 65 mile route  
 100 mile route

I will participate in the unsupported ride on Sunday

T- Shirt Size: One shirt with each paid registration received by Monday, March 20, 2017, 11:59 a.m. Please circle your size:

S M L XL XXL

Ride Cost: \$35.00 per rider

Please write checks payable to "Southern Cyclists"

Credit Card payment available via [active.com](http://active.com)

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Email \_\_\_\_\_

Amount Enclosed: \$

WAIVER: I hereby release Southern Cyclists, Inc., its officers, sponsors, affiliates, and organizers of all responsibility and liability for any injury, harm, loss or inconvenience to me as a result of participating in any part of the Jim Kruse Century Ride.

Signature \_\_\_\_\_

(If you are under 18 Parent/Guardian must also sign this release)

Parent/Guardian \_\_\_\_\_

cut along the dotted line

